

MADDOX DANCE STUDIO



PARENT-STUDENT HANDBOOK

24/25

THE NORTH COAST DANCE CENTER

Maddox Dance Studio, our 74th season, begins with gratefulness and happiness to share our love of dance, and love of our students after difficult years of Covid and all of the adjustments to carry on our classes, Young Choreographers/Tap Festival, Nutcracker & Recital!

Some of the changes that were made in our protocol will stay with us this new season, with cautions of sanitizing and mask wearing if needed. We ask that you continue your vigilance as far as keeping children home if ill with a cold or slight fever.

Our program, for the youngest beginner to the advanced dancers, provides a nurturing environment of learning solid technique that takes our student from classroom to the stage and beyond. Learning the discipline of dance provides building blocks necessary to benefit the dance student not only in dance but academics and sports as well.

Continue to bring water bottles, and only a snack bar if needed.

Please feel free to give any input you wish.

Thank you very much.

Jeanne Maddox Peterson

Maddox Dance Studio

PO Box 400

Warrenton, OR 97146

Maddoxdancers@opusnet.com

503-861-1971

This, as always, is SUBJECT TO CHANGE as warranted. THANK YOU!

Maddox Dance Studio

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Studio Calendar 2024-25

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|---|--|
| August 15 th -17 th | Registration-Order supplies |
| August 22 nd -24 th | Registration-Order supplies |
| September 3 rd | CLASSES BEGIN 2024 |
| September 21 st | NUTCRACKER AUDITIONS |
| November 15 th | Recital Costume Fee due |
| November 27 th -29 th | Thanksgiving Break |
| December 7 th -8 th | NUTCRACKER PERFORMANCES |
| December TBD | Closed for Christmas Holidays |
| January 6 th | Studio re-opens |
| January 17 th -19 th | New York City Dance Alliance |
| February 1 st | Recital Fee due |
| March 24 th -28 th | Spring Break |
| March 31 st | Classes Resume |
| April TBD | Little Ballet Theatre Grant Auditions Young Choreographer Adjudications |
| May 3 rd | Young Choreographers/Tap Showcase |
| May 17 th | Studio Picture Day |
| June 14 th | Dance Recitals |
| July TBD | Summer Sessions Begin |
| July TBA | North Coast Dance Camp |
| August 1 st | Fall Classes Registration/Supplies |
| August TBA | EPIC WORKSHOP |
| Sept. 2 nd | Fall Classes Begin 2025 |

We reserve the right to change/add/delete dates, pending any circumstance
In regard to any necessary postponement of in-person classes, we reserve the right to
transfer our classes and procedures to a Virtual Format .

Maddox Dance Studio
“The North Coast Dance Center”
Established in 1949 by Jeanne Maddox Peterson

Welcome... to the Maddox Dance Studio, School of Dance Arts, and The North Coast Dance Center. My faculty and I extend a warm welcome to you and your families into our wonderful world of dance where we endeavor to offer you the highest quality in dance education!

Personal attention and analysis of a student's abilities, progress and achievement are all important factors in the successful training of a dancer. Dance training develops self-esteem, listening skills, discipline, physical fitness, musicality, responsibility, respect and many more qualities that last a lifetime.

The schedules reflect class placement to begin the year, but as a student continues, he/she will be evaluated for placement in different groupings throughout the year as not all Students advance together as a class, just as in any other form of group instruction.

REGULAR attendance ensures progress. My faculty and I are very serious about our art. Our classes are planned with progressions on every level. When a student misses those introductions to a new step or misses the “adding on” to a combination, it is detrimental to the students over all progress. Regular attendance is part of the discipline of dance!

Dancers involved in activities that take them away from class will be placed in groupings from the time they return to class-missed choreography cannot be repeated. The dancer will be placed according to their attendance.

Dancers selected for Little Ballet Theatre have reached the technique level necessary to perform the company repertoire. All students are encouraged to study several times a week with a focus on one category or a mix of styles. There are five levels of Little Ballet Theatre: Pre-Aspirant, Aspirant, Apprentice, Junior, and Senior

Remember, a dancer is only as accomplished as his or her ballet discipline. It is central to the philosophy of our school to encourage each student to give forth the very best effort of which he or she is capable. The teachers are dedicated to this purpose and spend many hours outside the classroom developing lesson plans and seeking additional resources to help meet our students' needs.

“If you can think, feel, move... you can dance”

THE HOME OF LITTLE BALLET THEATRE INC. 501 (c) (3) non-profit foundation

Maddox Dance Studio teaches a lifetime of poise and grace, an appreciation of the Arts, and a respect of the history of dance, and respect for each other.

FACULTY

JEANNE MADDOX PETERSON

Director of Maddox Dance Studio; Artistic Director of Little Ballet Theatre; Coach of the Year 2001 1A, 2A and 3A Oregon High schools; Producer of the Miss Oregon Pageant for 32 years; Producer of Miss California Pageant for 8 years; Director of Miss America Pageant for five years; Ballet Faculty member Clatsop Community College for 23 years; Coached the Astoria High School Dance Team. Member Dance Masters of America, Dance Educators of America, and American Academy of Ballet. Professional performing career includes Donn Arden Dancers appearing at Moulin Rouge in Hollywood, Dorothy Dorben Dancers appearing in San Francisco, Noel Sherman Dancers appearing in Montreal and New York City. One of 35 teachers accepted to the International Ballet Seminar in Vail. She studied at Royal Academy of Dance Teachers Seminar, Royal Academy Training in Banff, Alberta, Canada. Attended American Academy of Ballet Teachers Seminar 2001. Mrs. Peterson has taught for national dance organizations in Houston, Biloxi, San Francisco, Los Angeles, Portland, San Jose, Shreveport, and Denver and is past president of National Association of Dance Teachers, Portland Chapter. She has judged the National Dance championships and for the Miss America system. Received the 2010 Lifetime Achievement Award presented by the Dance & Drill Coaches Association of Oregon, and an Honoree of the 2010 Astoria Music Festival, named an awardee of the Lady Liberty Award by the Board of Directors of the Liberty theatre in 2016.

EMILY GILBERTSON MADSEN

Emily started her training at age 6 through 17 at Maddox Dance Studio. She was a member of Little Ballet Theatre for 10 years, dancing the role of Clara for 3 years in Nutcracker. After graduating from Seaside High School, in 2005 she graduated with honors from Western Oregon University with a degree in dance. She performed with Rainbow Dance Theater, touring the West Coast and Mexico City. She has taught at Alsea High School and also at Western Oregon University. Miss Emily was a member of the Krayon Kids Musical Theater in Portland, performing original productions with a select group of performers from throughout Portland. She was guest artist performer and teacher for Alsea's International Day and taught hip hop and creative dance at the Art Centre. Miss Emily teaches ballet, jazz, modern hip-hop, and creative movement. She has attended the Dance Educators of America, Dance Masters of America, and New York City Dance Alliance seminars. Her outstanding choreography for her students brought awards in performance from the New York City Dance Alliance, and the award-winning Astoria High School Dance Team, always creative, challenging and a visual treat! She is the head coach of the Astoria High School Dance Team, the 4A Oregon State Champions 2024, and she has the honor of being the 4A Schools Coach of the Year 2024.

CARLETA LEWIS-ALLEN

Carleta has danced at Maddox Dance Studio since the age of four. As she advanced, she was placed in the Little Ballet Theatre company and danced in the Nutcracker for 12 years. In 2005, she danced the title role of Cinderella; in the LBT production. While attending Knappa schools, she and her mother, Dana, created the Knappa school dance team, with 60 members. She transferred to Astoria High School her senior year and was on the Astoria High School Dance team "Pizazz". Not only does she love to dance, but she is also an accomplished actress, appearing in many productions as an actress/singer/dancer, and choreographer for the Astor Street Opry company. She also has directed several of the ASOC productions. She helped stage the LBT production of Wizard of Oz, in 2012. She joined our staff to teach ballet, jazz, musical theater and tap. Carleta is a graduate of the Prestigious American Musical and Dramatic Academy in Hollywood, where she also taught lyrical dance at the international Dance Academy. She has attended Dance Masters of America and New York City Dance Alliance seminars. Her innovative Musical Theatre classes earn many accolades for her technically trained students.

MICHELLE KISCHNER ROGERS

Michelle started her dance classes at age 5 at Maddox Dance Studio, studying a full curriculum of ballet, tap, jazz and musical theatre. She was a member of Little Ballet Theatre, dancing many roles in the Nutcracker, and helped choreograph variations when she was in high school. She graduated from Ilwaco, Washington High School, and attended Chapman University in California. She trained under a Dance Kinesiologist and earned her degree in Kinesiology with emphasis in Exercise Physiology. She graduated in 2004 from Pacific University with a Doctorate in Physical Therapy. While in PT school she taught ballet, tap, jazz, and dance conditioning at the Laurel Valley School of Dance Arts. She is a certified Progressing Ballet Technique instructor. She is currently training in the Acro-Dance Teachers Association, based in Toronto and holds a certification with them as well. Her acro-dance classes are focused on the artistic movement of dance and the athleticism of acrobatics. Finally, Michelle is the liaison and supervisor for pointe shoe fittings with Josephine Lee. She has trained in Canada with the AcroArts seminars.

DYLAN CANDELA

Dylan has been with us for her growing up years and as a tiny dancer always showed an intense interest in a strong work ethic and developing her technique and vocabulary. Dylan is a Senior member of LITTLE BALLET THEATRE and carries a full schedule of her own dance classes under our faculty. She has assisted in classes for two seasons and is now entering her third season teaching and choreographing for her own hip hop classes. She has attended the New York City Dance Alliance and is a member of the Astoria High School Dance Team. Dylan's Hip-Hop classes are fun and encouraging for each young student, she is an excellent role model for all students.

LESLEE FARROW

Leslee stepped in as our receptionist in August of 2023. She welcomes students and parents into the studio, answers questions, provides band-aids and hair-ties. She is always ready to help the dancers and parents whenever possible. She has served as a secretary at Warrenton Grade School for 10 years and has been with Maddox Dance Studio as a dancer, and as a mom of dancers for many years. It is one of her favorite places to be- ever!

CURRICULUM

Class length is 30-45-60 minutes depending on the level and genre.

CREATIVE MOVEMENT/PRE-BALLET (ages 2 1/2-3; 4-5)

Provides an excellent foundation for pre-ballet by encouraging good listening habit and coordination skills. Some concepts taught are stretching the foot, balancing, jumping, leg and arm coordination, and moving across the floor.

TOT COMBO (Ages 4-5)

An introductory tap and ballet class for ages 4 and 5. Requires black tap shoes and pink ballet slippers. Limited enrollment. One season of creative movement is helpful preparation for this class.

BALLET

Ballet classes are carefully graded as each student learns the syllabus. Students are always placed in class according to physical development, stamina, and self-discipline. Classes progress to Pointe work, variations, and pas de deux, and potential membership in Little Ballet Theatre. The American Academy of Ballet, Cecchetti and Vaganova syllabuses influence the syllabus.

JAZZ

Beginning to advanced jazz classes for all ages from 7 and up. Technique is taught by a graded system to ensure progression. Styles are varied, Broadway, Contemporary and Las Vegas. The faculty makes placements for these classes. Ballet experience is a plus.

TAP

Using a graded syllabus of instruction at the barre and center progressing from beginner to advanced. Ballet training is an integral partner. Rhythm, Free-style, and Vaudeville styles are taught. Qualified students appear in the Annual Tap Festival. Musicality and phrasing and strong benefit from tap dance training.

HIP-HOP (Ages 7-teen)

Hip Hop is a fast-high-energy class in which dancers will learn to move to upbeat contemporary music. Hip Hop students focus on balance, coordination, and learning to isolate parts of the body in a new way. Hip Hop is also great exercise, increases coordination and is lots of fun!

CONTEMPORARY-LYRICAL

A form of theatrical dancing that can be traced as beginning in the 1900's. It uses ballet technique, use of fall recovery, contraction, release, locomotor movements, movements that convey a message or tell a story, use of irregular meter, music, sounds, electronic music and contemporary music, use of multimedia and poetry. The dancer used bare feet or sandals. Most professional ballet dancers are trained in this form. Today choreographers combine ballet with contemporary/lyrical technique for many of their works. Placement is upon approval of the director. A firm ballet foundation is the requisite. Better suited to the intermediate and advanced level dancer.

MUSICAL THEATER

Each class will focus on the style of dance used in theatrical staging, acting basics, and "character acting" through dance. Dancers will learn pieces of several "mini-musicals" centering on show tunes from America's best-loved musicals, including "Cats," "West Side Story," and "Oliver." Dancers will also learn theater terminology as well as the history of Broadway and musical theater in America. Dancers in these classes also need training in Ballet and Jazz. Placement is upon approval of the director.

ACROBATICS– acro-dance program

Acrobatics is the dance form of tumbling, with balancing, and flexibility, such as in the acts of Cirque de Soleil. Training teaches flexibility, balance, strength, muscle control, discipline, and concentration. In acrobatic dance, you add elements of dance from ballet, jazz, hip-hop and even tap! The acrobatic class enrollment is limited and will only be accessible by audition.

Staging an Acro-dance routine, envelopes all of the technique of dance as well as acrobatics. Focus is placed on good body conditioning to prepare and review all of the necessary foundations, that leads to a safe, healthy form of athleticism.

ADULT PROGRAM

Classes in Ballet, Tap- these adult classes are designed for the Absolute Beginner Adult who has "always wanted to dance" and for former dancers that want to get back into class.

PLEASE keep a copy of this Handbook, on your computer, and/or/print for your review when needed. This will serve as your personal copy, there will be a few copies at the studio for quick reference. Thanks for your cooperation!

GENERAL INFORMATION & STUDIO POLICIES

Please be sure we have all of your information on file, any updates must come to our attention.

CLASS LEVELS & PLACEMENTS:

Students are placed based upon skill levels, coordination, musicality, concentration, and maturity in accepting and understanding corrections. It is important to understand that dance levels are not the same as grade levels in school, and that dance students sometimes take several years to move to a new level. Students are always observed by their teachers to determine level changes if warranted. Dedicated attendance is a must.

PERFORMANCES, CONVENTIONS, & OTHER OPPORTUNITIES:

Students have opportunities to study in master classes, attend a convention, and participate in community shows. We encourage students to take advantage of these opportunities. Information including schedules and costs will be provided in advance.

PAYMENT TERMS & TUITION:

10-month season September-June

We reserve the right to transfer classes to Virtual if the need arises.

- The enrollment fee is \$60.00 per family.
- Enrollment fee, tuition, recital fees, costume fees, dancewear fees are not refundable, non-transferable, no credits.
- Tuition is due by the 10th of each month or a late fee of \$15.00 is added.
- Make-up classes may be taken in an alternate class of the same level or lower level in which the student is enrolled.
- Weather cancellations: are announced on KAST-1370 AM; on FACEBOOK and E-Mail classes cancelled may be made-up by another class or extension of time in the assigned class.
- No refunds, credits will be granted for lessons missed or dropped
- Tuition always remains the same whether the month is a "long" month or a "short" month. No exceptions will be made. You may pay by check, exact cash, Visa, or Master Card.
- Please send all payments in an envelope well identified, you will receive a receipt at the next lesson. The Office hours are Monday/Wednesday from 3:45 pm to 7:15 pm.

Tuition: Monthly flat rates

| | |
|--|--------------|
| 1st class per week | 57.00 |
| 2nd class additional | 53.00 |
| 3rd class additional | 51.00 |
| 4th class additional | 49.00 |
| all other additional | 48.00 |

For additional student from same family

| | |
|--|--------------|
| 1st class per week | 57.00 |
| 2nd class additional | 52.00 |
| 3rd class additional | 50.00 |
| 4th class additional | 48.00 |
| all other additional | 48.00 |
| Drop-in class | 15.00 |

RECITAL FEE:

\$70.00 per family- includes 4 tickets per family to the first performance a student is in and 4 tickets to each additional performance a student is in. The recital fee off-sets the rental of the auditorium, the lighting, sound rentals, the printing of tickets/programs, etc. Every family is obligated to pay the recital fee and have all class fees paid before the recitals. An admission charge of \$10.00 per person for additional tickets will be made for recitals.

RECITAL COSTUMES:

We make a great effort to use basics and old costumes. NEW costumes range from \$55 to \$85 dollars each.

PRIVATE LESSONS/COACHING:

\$50.00 per hour. Payment IS required before class. A 24-hour notice is required for cancellation or lesson fee will be charged. Private lessons are for special coaching only- no comparison to the many benefits of a class setting.

INSURANCE:

Students or their responsible party must carry their own insurance and understand that any injuries which may occur are the sole responsibility of the student or the responsible party.

DRESS CODE: dress for class success!

Recommended dance wear must be purchased through the studio. Every student must have the required clothing items and have a dance bag. This is strictly enforced. Students will be asked to sit out of class if the dress code is repeatedly abused.

Please label all dance shoes and clothes with the dancer's name and phone number! DO NOT wear dance shoes outside. Clean dancewear is a must, launder it daily, have several leotards to interchange, while one is being laundered. Hair Must be in a BUN for ballet or PONYTAIL for all other classes.

A NOTE ON SHOES:

We will supervise all shoe fittings. We order Revolution Brand shoes. Ballet slippers must fit well—not too wide, not too long. The shoe needs to fit the foot like a glove with "1/2 inch to pinch" at the heel when the foot is pointed. Pointe shoes (toe shoes) are strictly reserved for those dancers who are totally ready, physically, technically, and mentally for this big advancement. A young student's bones are soft and malleable before age 10 and long-lasting

damage to the legs and back can be made if a student is placed on pointe too soon. In some instances, even older students are not ready because of body alignment and technique problems. Going on pointe is a very serious matter and commitment.

ADULT DRESS CODE: Our dress code for adults taking ballet, or tap, is to wear any “exercise” type clothing in which you feel comfortable. The correct shoe for each discipline is a must!

Approved Studio Dancewear Revolution Brand

| CLASS | LEOTARD | TIGHTS | LEGGINGS | SKIRT | SHOES |
|-------------------|---------------|------------------|-----------------------|-------|--|
| Creative Movement | Black | Prima pink | N/A | Sheer | Pink Ballet |
| Tot Combo | Black | Prima Pink | N/A | Sheer | Pink Ballet & Black Tap Velcro closing |
| ACRO | Black | N/A | N/A | N/A | barefoot |
| Ballet Level 1-8 | Black | Prima Pink | N/A | Sheer | Pink Ballet |
| Contemporary | Black | Black and/or Tan | N/A | N/A | Sole Shields |
| Beginning Tap | Black | Black | Leggings Black | N/A | Black, Velcro closing |
| Inter/Jr/Sr Tap | Black | Black | Leggings black | N/A | Black Oxford or teacher's preference |
| Beginning Jazz | Black | Black | Leggings Black | N/A | Black Slip on |
| Inter/Adv Jazz | Black | Tan | Leggings Black | N/A | Black Jazz |
| Musical Theater | Black | Tan | Leggings Black | N/A | Depends on choreography-refer to teacher |
| Hip Hop | Black | Tan | Leggings Black | N/A | Black Hip Hop Sneaker (not to be worn outside) |
| Boys | White T-Shirt | Black Socks | Black Pants or Shorts | N/A | Black Ballet, Tap, Jazz, or Hip Hop |

DRESS FOR SUCCESS!

What our dancers wear to class is a direct reflection on the focus, and discipline of the art of dance. We are very happy to offer Revolution Dancewear and will insure the proper fit for shoes and leotards. We offer the following items:

| | Children | Adult |
|--------------------|----------------------|---------|
| Shoes: | | |
| Ballet Shoes | \$30.00 | \$34.00 |
| Tap Shoes | \$34.00 | \$38.00 |
| Jazz Shoes | \$38.00 | \$42.00 |
| Hip-Hop Shoes | \$46.00 | \$49.00 |
| Easy On Tap shoes | \$30.00 | \$37.00 |
| Skirted leotard | \$30.00 | N/A |
| Criss Cross Leo | \$28.00 (T-S-M size) | 32.00 |
| Dance Leggings | \$26.00 | \$30.00 |
| Dance Shorts | \$18.00 | \$19.00 |
| Leotards | \$28.00 | \$30.00 |
| Full Footed Tights | \$12.00 | \$14.00 |
| Convertible Tights | \$14.00 | \$15.00 |

STUDIO PROTOCOL

LATE TO CLASS

Students who are late will wait in lobby until the teacher sees you, then the teacher will need to step outside the classroom to attend to the entrance Protocol. Please do your utmost to arrive on time, so the class is undisturbed. We realize there can be a Bridge lifting, or traffic issues, beyond your control.

PARKING PROTOCOL

Please enter the parking lot CORRECTLY, following the arrows. Do not let children run through parking lot unattended or run on the handicap ramp. Limited off-street parking is available. Do not block the driveway. Do not back into parking spaces. Observe compact car signs, please. Special care needs to be taken with the students exiting from different classrooms.

LOST & FOUND

Make sure the student has all belongings clearly labeled. Lost items can only be held for two weeks, due to the space allowed in our lobby, The upstairs space is closed until further notice.

NEWSLETTERS, NOTICES, & MESSAGES

Important monthly newsletters, notices, schedules, and other events/activities are always posted on the office window. It is the responsibility of the students to check for updates on a regular basis. Refer to our website for complete information. Please update your contact

information with the office when you change email addresses or phone numbers.

We communicate with email, please check your email daily.

STUDENT ETIQUETTE:

Please be well versed in the policies stated in the Protocol letter. Waiver signed and on file. The Upstairs AREA is reserved for the members of Little Ballet Theatre, for homework and preparing for class/rehearsals. All other students remain in the observation room, quietly while waiting please.

- Arrive dressed for class, with a water bottle and proper shoes.
- Always be dressed in dress code attire. No tee shirts/spandex leggings
- No food in the building, water bottles only.
- We will need the Enrollment form/studio Waiver signed, Protocol understood, Private Fitting agenda understood, Digital Handbook understood and kept on hand for reference.
- Be sure we have your correct address, bank card, e-mail, and phone, report any changes!

Thank you for your excellent cooperation and support!

PARENT PRIORITY OBSERVATION:

- Continuing to reduce the OBSERVATION ROOM viewers will help keep all safe.
- EVERYONE must wear a mask inside the building if needed.
- ADULT OBSERVORS ONLY preferred, no more than 12 people at a time
- Please do not bring FOOD OR DRINKS of any kind.
- Quiet voices please.
- There will be students waiting for class in the same space.
- ALL SUBJECT TO CHANGE

Special Note:

In regard to the safety of the students, the instructors may need to spot the students, which requires holding, guiding their hands, arm, legs in position, if a student does not feel comfortable , please let the instructor know.